

Sun

Mon



Tu

MARCH 2023

We

Thu



Fri

Sat



BIRTHDAYS:
Norma Brown (12)
Anna Rogers (14)
Sharon Dallyn (31)



**COLOR CODE
FOR ACTIVITIES**

- *Games and Arts & Crafts*
- *Bus Trips*
- *Church*
- *Activity/Special*

1) 9:00 Yoga
9:30 Tuck Shop
10:30 RC Mass
1:30 Library
2:00 10 cent Horse Races
6:30 Bingo

2) 9:00 Exercises
10:00 Reading w/Donna
10:15 Nail Care
1:00 MASH TV
1:30 Ice Cream door 2 door
2:15 WHS Mentorship
3:00 Air Hockey

3) 9:00 Exercises
9:30 Tuck Shop
10:30 Walk @ PMM
2:00 Ridin' The Rails –
British Columbia
6:00 Movie



4)

5)
1:00 Little House On the
Prairie

6) 9:00 Exercises
9:30 Tuck Shop
10:00 Balance Group
2:00 Monthly Birthday
Party and Bingo



7) 9:00 Bank Day!
9:00 Exercises
10:30 Coffee and Newslet-
ter Reading
1:00 Shopping
3:00 Drumming
7:00 Church

8) 9:00 Yoga
9:30 Tuck Shop
10:30 RC Mass
1:30 Arm Chair Travel to
Israel
6:30 Bingo



9) 9:00 Exercises
10:30 Shuffleboard
2:15 WHS Mentorship
2:00 Music w/Ron and Ice
Cream Cart (AR)

10) 9:00 Exercises
9:30 Tuck Shop
10:30 Skip-Bo (MJL)
2:00 25¢ Crib Tournament
(MJL)
6:00 Movie



11)

12)
1:00 Little House On the
Prairie

13) 9:00 Exercises
9:30 Tuck Shop
10:00 Balance Group
2:00 Roller Ball
(Pigeons and Crows)
6:00 Pool Tournament



14) 9:00 Exercises
10:30 Coffee /Current
Events
1:00 Shopping
3:00 Drumming
7:00 Church

15) 9:00 Yoga
9:30 Tuck Shop
10:30 RC Mass
10:00 Res. Club Meeting
1:30 Tour of the NEW Coop Agri-
Home Center **Coffee @ Jack's
Place
1:30 Library
6:30 Bingo



16) 8:30 Phil's Hearing
9:00 Exercises
9:00 Nail Care
10:00 Reading w/Donna
10:00 - 2:00 Personal Touch Clothing
1:00 MASH TV
1:30 Ice Cream D 2 D –Maple Walnut
2:15 WHS Mentorship
3:15 Anglican Eucharist

17) 9:00 Exercises
9:30 Tuck Shop
10:30 Walk @ PMM
1:30 Luck O' Irish Casino
Games (AR)
6:00 Movie



18)

19)
1:00 Little House On the
Prairie



20) 9:00 Exercises
9:30 Tuck Shop
10:00 Balance Group
10:30 W. Story telling day
1:30 Making an Easter
Cross for your door - Sign
up \$5.00
FIRST DAY OF SPRING

21) 9:00 Exercises
10:30 Pool Noodle Hockey
(AR)
1:00 Shopping
3:00 Drumming
7:00 Church

22) 9:00 Yoga
9:30 Tuck Shop
10:30 RC Mass
1:30 Bob Williams
6:30 Bingo



23) 9:00 Exercises
9:00 Nail Care
10:00 Reading w/Donna
1:30 Mark, Brianne & Car-
rie
2:15 WHS Mentorship
3:00 Air Hockey

24) 9:00 Exercises
9:30 Tuck Shop
10:30 Walk @ PMM
1:45 Floor Curling w/visit
from Points West
6:00 Movie



25) 2:00 A Visit
from the BSS Youth
Group in the MJL—
here to visit and
play games with
you!

26)
1:00 Little House On the
Prairie



27) 9:00 Exercises
9:30 Tuck Shop
10:00 Balance Group
2:00 Wii Bowling
6:00 Pool Tournament



28) 9:00 Exercises
10:30 Bean Bag Number
Toss (AR)
1:00 Shopping
3:00 Drumming
7:00 Church

29) 9:00 Yoga
9:30 Tuck Shop
10:30 RC Mass
1:00 Making Pies for Volunteer ap-
preciation in April
1:30 Library
6:30 Bingo



30) 9:00 Exercises
9:00 Nail Care
10:00 Reading w/Donna
1:30 Ice Cream door 2 door
2:15 WHS Mentorship
3:00 Air Hockey

31) 9:00 Exercises
9:30 Tuck Shop
10:30 Walk @ PMM
2:00 Wii Bowling
6:00 Movie

Hairdressing:
Thursdays with
Colleen

